

Parental Guidance

Supporting Your Student's Career Development



OFFICE OF CAREER EDUCATION
**BRIDGE FROM
COLLEGE**
to Career Success



The path to figuring out one's career direction and securing opportunities can often be confusing- or even unknown. The **e³ Career Action Plan** provides an easy to follow, clear, and step-by-step career exploration and professional development blueprint. Through e³ students develop skills to stand out in a global job market by exploring career interests, practicing interviewing skills, building a powerful resume, and connecting with employers. Participants also receive incentives after completing each of the plan's three levels (explore, engage and embark). Along with newly enhanced career readiness, students who successfully finish all three levels will also obtain a certificate of completion. Students may participate in e³ during any semester and record progress in Handshake, Arcadia's online career hub. Encourage your student to get started today at arcadia.joinhandshake.com.

A screenshot of the Handshake website's Career Center. The top navigation bar includes 'handshake', a search bar, and links for 'For You', 'Jobs', 'Events', 'Students', and 'Career Center'. A dropdown menu is open under 'Career Center', listing options like 'My School', 'Appointments', 'Resources', 'Mentoring', 'Planning', 'Experiences', 'First Destination Survey', 'Surveys', and 'Journal'. A blue arrow points to 'Planning'. Below the navigation, a 'Logged in!' status is shown. The main content area is titled 'Instructions' and contains a list of tasks for 'Level One: EXPLORE'. A table lists these tasks with checkmarks in the right column. A blue arrow points to the second task. A grey callout box on the right says 'Select "Planning" to begin' and another says 'Check off each action after completion'.

Office of Career Education · Knight Hall Suite 100 · 215-572-2939 · careerhelp@arcadia.edu

Arcadia University and Arcadia University's Office of Career Education disclaim any liability for the recruiting, hiring, or employment practices of employers using Handshake or participating in recruiting events. Employer access to Handshake or recruiting events does not constitute an endorsement of that organization. Career Education is not involved in the actual transaction between employers and students/alumni.



Tips to Increase Your Student's Career Ownership

- Encourage your student to participate in Arcadia's **e³ Career Action Plan**.
- Suggest taking career and personality assessments to help with major and career decision making.
- Remind them to visit the Office of Career Education for career planning support early and often.
- Recommend they participate in at least one internship during their four years.
- Encourage career exploration and building a professional network.
- Celebrate their achievements by reminding them how proud you are!

Sampling of Career Education Services for Students

- Handshake Online Career Hub
- Career Planning Assessments
- Career and Professional Development Events
- Individual Career Advising
- Career Exploration Resources
- Internship and Job Search Assistance
- Graduate School Advising
- Annual Internship & Career Fair
- Knights Networking Series
- Alumni/Student Mentor Program
- Practice Interviews
- Résumé & Cover Letter Writing Guidance
- On-Campus Interviews (OCI)



For More Information

www.arcadia.edu/academics/academic-support/career-education/career-planning/parents

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